



# Winona State University Four-Year Program Map

Created on 10/23/2020  
Effective Fall 2020

**Program:** Public Health (BS PHNU)  
**Emphasis (optional):** NUTRITION

	Fall Semester			Spring Semester		
	Course	Requirement Met	SH	Course	Requirement Met	SH
<b>Year 1</b>	ENG 111 College Reading and Writing	GE Goal 1	4	HERS 204 Personal and Community Health	Major/PDW	3
	STAT 110 Fundamentals of Statistics	GE Goal 4/Major	3	HERS 288 Health Perspectives	Major	3
	SOC 150 Introduction to Sociology	GE Goal 5 & 7/Major	3	CMST 281 Intercultural Communication	Goal 7/Major	3
	OR 100 Orientation	Recommended	1	MATH 115 College Algebra	Major	3
	CMST 192 Introduction to Speech Communication	GE Goal 1	3	General Education Course	GE Goal 5	3
	General Education Course	GE Goal 6	3			
	NOTE: A minimum 2.5 GPA is required in the major.			NOTE:		
	<b>First-Year Fall Semester Credit Hour Total</b>		<b>17</b>	<b>First-Year Spring Semester Credit Hour Total</b>		<b>15</b>
<b>Year 2</b>	HERS 316 Intro to Public Health	Major/WI	3	CHEM 210 (5) General & Organic Chemistry	Major/OI	5
	HERS 317 Intro to Environmental Health	Major	3	<b>OR</b> CHEM 212 Principles of Chemistry I	Major/OI	4
	HERS 318 Global Health	Major/OI	3	General Education Course	GE Goal 5	3
	BIOL 211 Anatomy and Physiology I	GE Goal 3/Major	4	HERS 319 Health Administration and Management	Major	3
	HERS 205 Nutrition for Lifetime Wellness	Physical/Major	3	BIOL 212 Anatomy and Physiology II	GE Goal 3/Major	4
	NOTE:			NOTE:		
	<b>Second-Year Fall Semester Credit Hour Total</b>		<b>16</b>	<b>Second-Year Spring Semester Credit Hour Total</b>		<b>14/15</b>
<b>Year 3</b>	HERS 350 Program Planning in Health Promotion	Major/WI	3	HERS 328 Behavioral Interventions	Major	3
	General Education Course	GE Goal 6	3	HERS 352 Community Nutrition	Major	3
	General Education Course	GE Goal 8	3	HERS 395 Practicum in Public Health	Major	3
	General Education Course	GE Goal 9	3	HERS 415 Grant Writing	Major	3
	HERS 384 Advanced Nutrition	Major	3	PHNU elective	Major	3-4
				NOTE:		
	<b>Third-Year Fall Semester Credit Hour Total</b>		<b>15</b>	<b>Third-Year Spring Semester Credit Hour Total</b>		<b>15/16</b>
<b>Year 4</b>	General Education Course	GE Goal 6	3	HERS 496 Internship in Public Health	Major	12
	HERS 433 Senior Health Seminar	Major	1			
	General Education Course	GE Goal 10	3			
	HERS 403 Epidemiology	Major/CAI	3			
	PHNU elective	Major	3-4			
	PHNU elective	Major	3			
				NOTE:		
	<b>Fourth-Year Fall Semester Credit Hour Total</b>		<b>17/18</b>	<b>Fourth-Year Spring Semester Credit Hour Total</b>		<b>12</b>
				Total Credit Hours (SH): 120		

### Guide to 4 Year Major Maps

- 4 Year Major Maps are intended to show a recommended four-year pathway to a degree. Students must be fulltime, college ready, and ready to declare a major to follow the map exactly as shown. Maps are only a sample; there may be other pathways that lead to completion of the degree in four years.
- Major Maps are NOT intended to take the place of meetings with advisors.
- Major Maps are NOT intended to take the place of the Degree Audit System (DARs).

All courses listed on a major map will be labelled as one or more of the following:

GE Goal	General Education Goal Area	Indicates that the course meets one of the 10 General Education Goals
Gen Elec	General Elective	Indicates that the course does not meet a General Education, Major or Minor requirement but does count toward the degree
Major	Major Requirement	Indicates that the course meets a Major requirement
Major Elec	Major Elective	Indicates that the course counts toward the major as an elective, must be chosen from list of approved courses
Minor	Minor Requirement	Indicates that the course meets a Minor requirement
CAI	Critical Analysis Intensive	Indicates that the course counts as a Critical Analysis Intensive
OI	Oral Intensive	Indicates that the course counts as an Oral Intensive
WI	Written Intensive	Indicates that the course counts as a Written Intensive
PDW	Personal Development and Wellness	Indicates that the course counts as a Personal Development and Wellness Requirement

### General Education Goal Areas:

		Minimum credits required
Goal 1	Communication	7 credits
Goal 2	Critical Thinking (Met with completion of all other goal areas)	--
Goal 3	Natural Science	7 credits
Goal 4	Mathematics	3-4 credits
Goal 5	History, Social/Behavioral Sciences	9 credits
Goal 6	Humanities and Fine Arts	9 credits
Goal 7	Human Diversity	3 credits
Goal 8	Global Perspective	3 credits
Goal 9	Ethic and Civic Responsibility	3 credits
Goal 10	People and the Environment	3 credits

### Graduation Requirements:

- Minimum of 120 total credits (semester hours) required for Bachelors' Degree
- Minimum of 40 General Education credits required
- Minimum of 40 Upper Division credits required
- Minimum of 30 Residence credits required in Junior/Senior years
- Minimum WSU cumulative grade point average of 2.00; some programs require higher grade point averages

Major Maps are not contracts. Winona State University reserves the right to make changes at any time, without prior notice, to programs, policies, procedures and information described in this major map. Students should consult the appropriate academic department or college for currently accurate program information.