



Winona State University
Four-Year Program Map

Created on 4/30/2024
Effective Fall 2024

Program: Health Promotion: School Health (BT HPST)
Emphasis (optional):

	Fall Semester			Spring Semester			
	Course	Requirement Met	SH	Course	Requirement Met	SH	
Year 1	HERS 204 Personal & Community Health	PDW/Major	3	HERS 205 Nutrition for Lifetime Wellness	PDW/Major	3	
	ENG 111 College Reading & Writing	GE Goal 1	4	CMST 191 Intro to Public Speaking or 192 Intro to Effective Communication	GE Goal 1/Major	3	
	STAT 100 Numbers & Data in Society or 110 Fund. of Stats	GE Goal 4/Major	3	BIOL 116 Human Biology Lab	GE Goal 3/Major	1	
	General Education Course	GE Goal 5	3	BIOL 117 Human Biology	GE Goal 3/Major	3	
	OR 100 Intro to Higher Education	Recommended	1	General Education Course	GE Goal 6 FA	3	
	General Elective	Gen Elec	3	General Education Course	GE Goal 6 HU	3	
	<i>NOTE: A minimum of 40 credits must be taken in GEPs.</i>			<i>NOTE:</i>			
First-Year Fall Semester Credit Hour Total			17			First-Year Spring Semester Credit Hour Total	16
Year 2	HERS 320 Health Ed Methods 1: Functional Health Knowledge	Major	3	HERS 312 School & Community Health	Major	3	
	HERS 322 School Health Education Field Experience	Major	1	EDFD 401 Metacognitive Learner: K-12 & 5-12	Major	2	
	SPED 300 Children & Youth with Exceptionalities	Major	3	EDFD 461 Multicultural Youth, Children, & Families: Part I	Major	2	
	General Education Course	GE Goal 3	3	CPES 401 Child Study Field Experiences: K-12 & 5-12	Gen Elec	0	
	CAST 301 Perspectives on Child Maltreatment & Child Advocacy	GE Goal 5 & 9	3	SOC 150 Introduction to Sociology	GE Goal 5 & 7	3	
	General Elective	Gen Elec	3	General Education Course	GE Goal 8	3	
	<i>NOTE: Apply to Education Program, Attend Induction Day, Purchase Background Check and Liability Insurance.</i>			<i>NOTE: HERS 312 is only offered in the Spring.</i>			
Second-Year Fall Semester Credit Hour Total			16			Second-Year Spring Semester Credit Hour Total	16
Year 3	HERS 326 Educational Topics/Issues	Major	2	HERS 321 Health Ed Methods 2: Health Skills	Major	3	
	HERS 322 School Health Education Field Experience	Major	1	HERS 328 Behavioral Interventions	OI/Major	3	
	EDFD 421 Classroom Management: K-12 & 5-12	Major	1	EDFD 449 Middle Level Schools	WI/Major	3	
	EDFD 441 Curriculum, Instruction, & Assess: K-12 & 5-12	CAI/Major	3	CPES 449 Middle School Field Experience	Gen Elec	0	
	CPES 441 Curriculum Study Field Experiences: K-12 & 5-12	Gen Elec	0	EDUC 429 Secondary Reading & Teaching Strategies	Major	3	
	HERS 250 Mental Health and Society - Adult	Major	1	PESS 214 First Aid & CPR or PESS 314 CPR/AED & First Aid Instructor	Major	2	
	HERS 252 Mental Health and Society - Youth	Major	1				
	General Education Course	Goal 6 FA/HU	3				
General Elective	Gen Elec	3					
<i>NOTE: Purchase Liability Insurance. HERS 326 is only offered in the Fall.</i>			<i>NOTE: Apply to Student Teach. HERS 321 and HERS 328 are only offered in the Spring.</i>				
Third-Year Fall Semester Credit Hour Total			15			Third-Year Spring Semester Credit Hour Total	14
Year 4	HERS 425 Organization & Administration of School Health	Major	3	EDST 465 Student Teaching - Senior High School K-12	OI/Major	12	
	HERS 322 School Health Education Field Experience	Major	1				
	HERS 433 Senior Health Seminar	Major	1				
	EDFD 459 The Professional Educator	WI/Major	3				
	EDFD 462 Multicultural Youth, Children & Families Part II	Major	1				
	General Education Course	GE Goal 10	3				
	General Elective	Gen Elec	2				
<i>NOTE: Attend Student Teaching Meetings, Take Health Education and Pedagogy MTLs, Purchase Liability Insurance, Apply for Graduation. HERS 425 and HERS 433 are only offered in the Fall.</i>			<i>NOTE: Complete edTPA during Student Teaching.</i>				
Fourth-Year Fall Semester Credit Hour Total			14			Fourth-Year Spring Semester Credit Hour Total	12

Total Credit Hours (SH): 120

Guide to 4 Year Major Maps

- 4 Year Major Maps are intended to show a recommended four-year pathway to a degree. Students must be full-time, college ready, and ready to declare a major to follow the map exactly as shown. Maps are only a sample; there may be other pathways that lead to completion of the degree in four years.
- Major Maps are NOT intended to take the place of meetings with advisors.
- Major Maps are NOT intended to take the place of the Degree Audit (DARs/uAchieve).

All courses listed on a major map will be labelled as one or more of the following:

GE Goal	General Education Goal Area	Indicates that the course meets one of the 10 General Education Goals
Gen Elec	General Elective	Indicates that the course does not meet a General Education, Major or Minor requirement but does count toward the degree
Major	Major Requirement	Indicates that the course meets a Major requirement
Major Elec	Major Elective	Indicates that the course counts toward the major as an elective, must be chosen from list of approved courses
Minor	Minor Requirement	Indicates that the course meets a Minor requirement
CAI	Critical Analysis Intensive	Indicates that the course counts as a Critical Analysis Intensive
OI	Oral Intensive	Indicates that the course counts as an Oral Intensive
WI	Written Intensive	Indicates that the course counts as a Written Intensive
PDW	Personal Development and Wellness	Indicates that the course counts as a Personal Development and Wellness Requirement

General Education Goal Areas:

		Minimum credits required
Goal 1	Communication	7 credits
Goal 2	Critical Thinking (Met with completion of all other goal areas)	--
Goal 3	Natural Science	7 credits
Goal 4	Mathematics	3-4 credits
Goal 5	History, Social/Behavioral Sciences	9 credits
Goal 6	Humanities and Fine Arts	9 credits
Goal 7	Human Diversity	3 credits
Goal 8	Global Perspective	3 credits
Goal 9	Ethic and Civic Responsibility	3 credits
Goal 10	People and the Environment	3 credits

Graduation Requirements:

- Minimum of 120 total credits (semester hours) required for Bachelors' Degree
- Minimum of 40 General Education credits required
- Minimum of 40 Upper Division credits required
- Minimum of 30 Residence credits required in Junior/Senior years
- Minimum WSU cumulative grade point average of 2.00; some programs require higher grade point averages

Major Maps are not contracts. Winona State University reserves the right to make changes at any time, without prior notice, to programs, policies, procedures, and information described in this major map. Students should consult the appropriate academic department or college for currently accurate program information.